

BLEND~~E~~D

SPA

SWITCH OFF + REGENERATE

BLEND RECOMMENDS

MUSCLE MELT

A targeted blend of Shiatsu pressure point therapy, therapeutic massage techniques, corrective stretches, and warming body oils.

60 MINUTES | AED440

90 MINUTES | AED600

HYDRATING FACIAL

LIFTS | TIGHTENS | DEFINES

A lifting and tightening massage combined with a collagen boosting treatment to rejuvenate your skin.

60 MINUTES | AED600

COUPLE'S ESSENTIALS

Unwind together in our private suite, complete with pre and post treatment refreshments.

60 MINUTES MASSAGE

60 MINUTES | AED 850

60 MINUTES MASSAGE & 30 MINUTES FACIAL

90 MINUTES | AED 1200

BODY

LYMPHATIC DRAINAGE

60 MINUTES | AED 440

90 MINUTES | AED 600

DE-BLOATS | REDUCES FLUID RETENTION | RE-ENERGIZE | AIDS DIGESTION

A light massage that allows the body to naturally dispose of toxins.

HOT & COLD GEMSTONE

60 MINUTES | AED 440

INCREASES CIRCULATION | AIDS RECOVERY |

90 MINUTES | AED 600

IMPROVES SLEEP

A full body massage consisting of thermal and cryo techniques.

THAI QI FLOW

60 MINUTES | AED 440

ENERGIZES BODY | RELEASES TIGHT MUSCLES |

90 MINUTES | AED 600

PROMOTES WELL-BEING

A unique combination of Thai herbal compresses with hands-on massage techniques, stretches and acupressure.

***PACKAGES AVAILABLE, BUY ANY 4 TREATMENTS AND
GET A 5TH FREE**

MUSCLE MELT

60 MINUTES | AED 440

**REMOVES LACTIC ACID | RELAXES BODY |
RELEASES TENSION**

90 MINUTES | AED 600

A blend of Shiatsu pressure point therapy, traditional massage techniques, stretches and warming body oils.

SUNKISS (BEFORE OR AFTER SUN)

60 MINUTES | AED 440

NOURISH | MOISTURIZES | PROTECTS

90 MINUTES | AED 600

Protect your skin against dehydration both before and after sun exposure.

VIBRO-ACOUSTIC

75 MINUTES | AED 495

RELEASES ENERGY | DE-STRESS | ENHANCES MENTAL CLARITY | ALLEVIATES PAIN

Reset your nervous system through sound vibrations combined with marma points.

PRE-NATAL & POST NATAL

75 MINUTES | AED 495

EASES ACHING BACK | REDUCES FLUID RETENTION | ALLEVIATE STRETCH MARKS

A full body massage specifically designed to address your body's needs during and after pregnancy.

FOCUSED

DEEP TISSUE SPORTS – ASSISTED STRETCHING

30 MINUTES | AED 220

ELIMINATES MUSCLE STIFFNESS | IMPROVES JOINT RANGE | ENHANCES PERFORMANCE

Release tension and correct muscle imbalance with a targeted deep tissue massage or assisted stretching session.

SCRUB RITUAL

30 MINUTES | AED 220

SHINY & SMOOTH | DEEP CLEANSES | REMOVES DEAD SKIN | INCREASES CIRCULATION

A personalised scrub that combines fresh herbs and essential oils.

REFLEX MASSAGE

30 MINUTES | AED 220

REMOVES ENERGETIC BLOCKAGES | REBALANCES THE BODY

Blends holistic therapy with pressure application on the reflex points.

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SPA FACIALS - QMS

24K GOLD

60 MINUTES | AED 880

ANTI-AGING | INSTANT PLUMP | SKIN CELL RENEWAL | INCREASES COLLAGEN
DEEP CLEANSE

Suitable for all skin types, this gold blend targets sun-damaged skin and eliminates toxins.

BRIGHTENING

60 MINUTES | AED 600

DETOXIFIES | BRIGHTENS | BOOSTS RADIANCE

Designed to target dehydrated, acne-prone, dull and tired skin using thermal active masks.

HYDRATING

60 MINUTES | AED 600

LIFTS | TIGHTENS | DEFINES

A lifting and tightening massage combined with a collagen boosting treatment to rejuvenate your skin.

LIFTING

60 MINUTES | AED 600

BOOSTS COLLAGEN | VOLUMISES | RESTORES

Restores and revitalises mature skin whilst boosting moisture intake and collagen levels.

BALANCING

60 MINUTES | AED 600

PIGMENTATION | DARK SPOTS | DAMAGE

Targets excessive or irregular pigmentation to the face and eliminates dark spots to restore an even skin tone.

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ADVANCED SKIN SPECIALIST

THE CLEANSSES

THE ESSENTIAL CLEANSE

60 MINUTES | AED 500

CLEANSE | EXFOLIATE | STEAM | EXTRACT | MASK | HYDRATE

A personalised cleanse leaving your skin balanced, hydrated and detoxified.

THE ANTI-OXIDANT CLEANSE

60 MINUTES | AED 500

Harnesses the power of Vitamin C to brighten, hydrate and nourish environmentally damaged skin.

*Pair this with our Vitamin C IV Drip for the ultimate antioxidant cleanse +AED 300

THE SIGNATURE CLEANSE

60 MINUTES | AED 600

Combines chemical and physical exfoliation techniques to speed up cellular renewal to boost your skin's appearance.

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ADVANCED SKIN SPECIALIST

THE PEELS

THE NON-CHEMICAL PEEL | THE ORGANIC PEEL **45 MINUTES | AED 550**

UNBALANCED | SENSITIVE | IRRITATED | TEEN SKIN

This unique blend rebalances, regenerates and restores your skin to maintain a youthful appearance.

THE CHEMICAL PEEL | LIGHTENING LIFT **45 MINUTES | AED 550**

UNEVEN SKIN TONE | ALL FORMS OF PIGMENTATION

A results-driven treatment that promotes an even skin tone and immediately illuminates your complexion.

THE CHEMICAL PEEL | ACNE LIFT **45 MINUTES | AED 550**

BREAKOUT PRONE | REDNESS | BLEMISHES

Fight acne, reduce blemishes, redness and post-breakout dark spots with this botanical blend.

THE CHEMICAL PEEL | WRINKLE LIFT **45 MINUTES | AED 550**

FINE LINES | WRINKLES | ROUGH COMPLEXION

Designed to combat ageing, this facial reduces the appearance of fine lines, leaving the skin firm and youthful.

ADD ONS

LED LIGHT THERAPY **20 MINUTES | AED 80**

Amp up cellular healing and provide anti-aging benefits.

STEAM & EXTRACTIONS **15 MINUTES | AED 50**

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